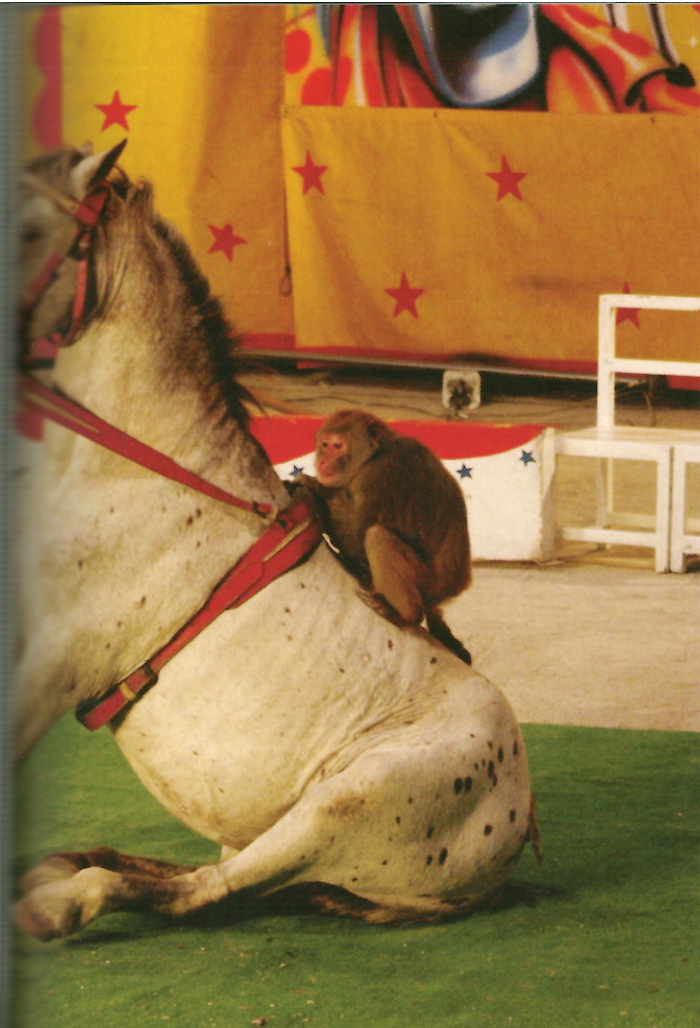




your pet about an hour before travel. Also put a little lavender in the car about 20 minutes before travel. Remember that your pet's nose is much more sensitive than yours, so a little goes a long way. If you can barely smell it, that's about the right strength for your pet.

Rescue Remedy/Emergency Essence: These are very handy for any kind of stress, trauma or anxiety. Four drops in their mouth or even rubbed on their coat every half hour, or even every few minutes as needed, helps calm them down. These remedies are of great use for stressed people too!

Cocculus: If your pet truly suffers from motion sickness, homeopathic Cocculus 30c, given 15 minutes before travel may really help. If your trip is longer than an hour, take some along to give hourly, if needed.

DAP (Dog appeasing Pheromone) and Feliway: Pheromones are natural chemicals produced by dogs and cats. They have proven chemical effects on animal behavior and assist with anxiety and stress problems.

Sedation: In some cases, especially for long distance travel, some animals may require tranquilizers to help them to travel more comfortably, but in many cases addressing the basics above helps to make all the difference.



Liza Schneider

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